

UNLOCKING IMMUNITY



Understanding the Immune System

The immune system is an intricate network of cells, tissues, and organs that defend your body against pathogens. The nervous system and immune system are intricately connected and maintaining proper spinal alignment through chiropractic adjustments contributes to the optimal function of the nervous system, supporting efficient communication between the brain and immune cells.

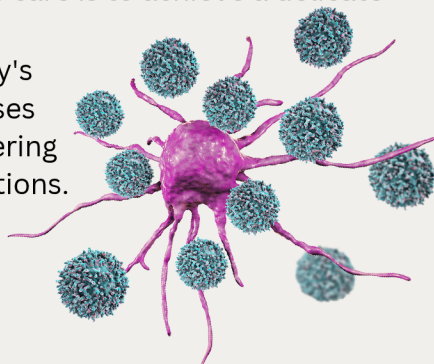
Stress Reduction

Chronic stress has been linked to weakened immune function. Chiropractic care helps reduce stress by addressing tension and misalignments in the spine. A relaxed nervous system, achieved through chiropractic adjustments, creates an environment that supports a robust immune response.

Neuro-Immuno Modulation

Chiropractic adjustments influence neuro-immuno modulation, a bidirectional communication between the nervous and immune systems. The core objective of neuro-immuno modulation through chiropractic care is to achieve a delicate balance in immune responses.

This involves enhancing the body's ability to mount effective defenses against pathogens without triggering exaggerated or suppressed reactions. The goal is to create an immune environment that responds proportionately to challenges.

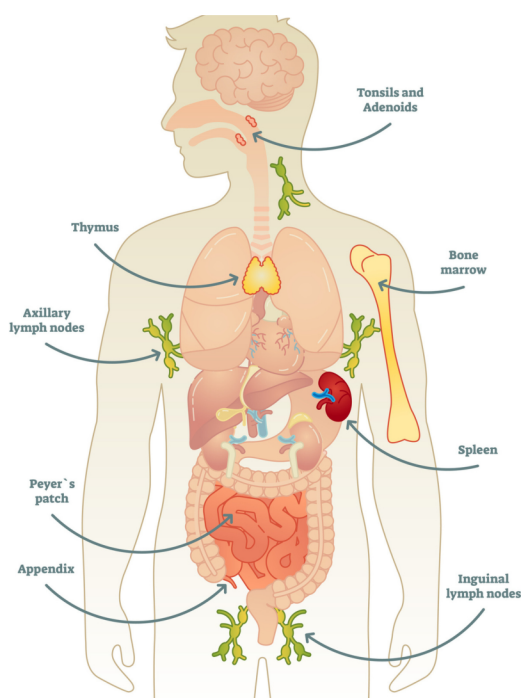


The Link Between Your Nervous & Immune Systems

Have you ever noticed that your chiropractic appointments are rarely, if ever, rescheduled due to your chiropractor getting sick? This is not a coincidence.

The dynamic relationship between the nervous system and the immune system is strong. Chiropractic adjustments influence body communication, enhancing the coordination and efficiency of your body's immune response.

Immune System



Lymphatic System Support

The lymphatic system, a key player in immune function, orchestrates the movement of immune cells throughout the body. Chiropractic adjustments are believed to support this intricate network by facilitating lymphatic drainage, ensuring the efficient circulation of immune cells and enhancing the body's capacity to mount effective defenses against infections.

Inflammatory Regulation

Chiropractic care contributes to a balanced inflammatory response. Chronic inflammation can negatively impact immune function. Through spinal adjustments, chiropractors aim to create an environment that helps regulate inflammatory processes, promoting a healthy balance within the immune system.

Supporting Immune Memory

The immune system's ability to remember and recognize past invaders is crucial for long-term immunity. Chiropractic adjustments may contribute to the establishment of a robust immune memory, ensuring the body can respond swiftly upon encountering familiar pathogens.

1918 Flu Epidemic:

675,000 American Deaths in 12 months

The 1918 flu epidemic swept silently across the world bringing death and fear into homes in every land. More than one hundred million people died. In 1918, almost nothing was known about prevention, protection, treatment or cure of influenza. The whole world stood at its mercy, or lack of it. However, an amazing revelation occurred. Those who sought chiropractic care, were dying at MUCH lower rates than those who did not. Within a short period of time, chiropractic became so well known as the best defense against the flu, that chiropractors were being called "Flu Doctors". In Davenport, Iowa, 50 medical doctors treated 4,593 cases, with 274 deaths. In the same city, 150 chiropractors including students and faculty of the Palmer School of Chiropractic treated 1,635 cases with only 1 death.

INFLUENZA	Cases	Deaths
Under Medical Care	per 10,000	950
Under Chiropractic Care	10,000	25

PNEUMONIA	Cases	Deaths
Under Medical Care	per 10,000	640
Under Chiropractic Care	10,000	100

Reference: Rhodes WR: "The Official History of Chiropractic in Texas." Texas Chiropractic Association. Austin, TX. 1978.



According to the World Federation of Chiropractic, there are reports that state that subjects receiving chiropractic care (n=107) had a 200% greater immune competence than those who had not received chiropractic care.

STAY CONNECTED
BY FOLLOWING US
ON FACEBOOK!



SCAN & SHARE
WITH A FRIEND



(561) 819 2225
15132 Jog Road
Delray Beach, FL 33446



WWW.ALTERCHIROPRACTIC.COM